

GYNAECOLOGIC CANCER SYMPTOMS DIARY

Fill in the circles in the diary below for each day that you have a symptom. And see a doctor if you have bleeding that's not normal for you, or if you have any of the other symptoms for two weeks or longer. It may be nothing to worry about, but find out for sure.

SYMPTOMS	Cancer Type					WEEK ONE							WEEK TWO						
	Cervical Cancer	Ovarian Cancer	Uterine Cancer	Vaginal Cancer	Vulvar Cancer	S	M	T	W	T	F	S	S	M	T	W	T	F	S
Abnormal vaginal bleeding or discharge*	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	S	M	T	W	T	F	S	S	M	T	W	T	F	S
Feeling full too quickly or difficulty eating	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	S	M	T	W	T	F	S	S	M	T	W	T	F	S
Pelvic pain or pressure	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	S	M	T	W	T	F	S	S	M	T	W	T	F	S
More frequent or urgent need to urinate and/or constipation	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	S	M	T	W	T	F	S	S	M	T	W	T	F	S
Bloating	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	S	M	T	W	T	F	S	S	M	T	W	T	F	S
Abdominal or back pain	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	S	M	T	W	T	F	S	S	M	T	W	T	F	S
Itching, burning, pain or tenderness of the vulva	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	S	M	T	W	T	F	S	S	M	T	W	T	F	S
Changes in vulva colour or skin, such as a rash, sores or warts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	S	M	T	W	T	F	S	S	M	T	W	T	F	S

*Abnormal vaginal bleeding is increased volume of menstruation, bleeding between periods, after intercourse or after menopause